

## Housing for seniors: Affordable housing

Living in  
Affordable  
Housing

The *Alberta Housing Act* creates the opportunity for some seniors to live in housing they can afford. This kind of housing is provided through the Alberta Ministry of Seniors and Housing. It is available to individuals who require assistance in obtaining and maintaining housing due to social and financial reasons.

### What you should know about the Alberta Housing Act:

- It does not directly give seniors any rights or responsibilities.
- It allows, but does not force, the Alberta Ministry of Seniors and Housing to provide financial and social support to seniors through housing programs.

### The Alberta Housing Act makes three housing programs possible:

- 1) the Community Housing Program
- 2) the Seniors Self-Contained Housing Program
- 3) the Seniors Lodge program

The Community Housing Program and Seniors Self-Contained Housing Program both offer subsidized rental housing for seniors who face financial and social hardship. Monthly rent, including heat, water, and sewer, for tenants of these programs will be 30% of a senior's monthly income.

The Seniors Lodge program offers single and double bed rooms with meals and housekeeping services for seniors who are functionally independent. A local housing management group sets the monthly rent, but it must leave each senior with at least \$315.00 of disposable income.

**Sometimes, the term, “supportive living” may be used to describe a senior who lives in a housing program provided under the Alberta Housing Act.**

**There are no complaint or appeal processes or remedies available under the Alberta Housing Act.**

## Where can I find more information?

For more information, contact the Alberta Supports Contact Centre. Help is available in more than 100 languages. The Alberta Supports Contact Centre operates from 7:30 a.m. to 8:00 p.m., Monday through Friday. They close on weekends and statutory holidays.

Visit the Alberta Supports website at  
**<https://www.alberta.ca/alberta-supports.aspx>**

Call Alberta Supports at  
Toll-free (province-wide): 1.877.644.9992  
Edmonton and area: 780.644.9992

If you have concerns about abuse or safety of seniors in a senior's lodge, contact Protection for Persons in Care at 1.888.357.9339.



You should not rely on this publication for legal advice.  
It provides general information on Alberta law only.

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