



DOMESTIC VIOLENCE

EDUCATIONAL PROGRAMS

ALBERTA WIDE

Domestic Violence in Your Workplace (Alberta Council of Women's Shelters)

The Domestic Violence in Your Workplace program provides businesses with the tools and supports to recognize the signs of violence, appropriately help victims of violence that work for them, and protect their workplaces and employees at the same time.

May be subject to costs. Offered as an in-person workshop that can be tailored to meet your needs. Contact 1-866-331-3933

Elder Abuse (BearPaw Legal Education)

This workshop talks about the different kinds of Elder abuse that take place in Aboriginal communities and examines root causes. Targeting youth and adults in urban and rural settings, both on and off reserve.

FREE! Offered as an in-person workshop that can be tailored to meet your needs. Contact Nadine Callihoo-Hansen 780-482-7891 nadine-callihoo@nca.ca

Sexual Assault (BearPaw Legal Education)

Learn the reporting process for victims of sexual assault, available resources, and tips. Targeting youth and adults in urban and rural settings, both on and off reserve.

FREE! Offered as an in-person workshop that can be tailored to meet your needs. Contact Nadine Callihoo-Hansen 780-482-7891 nadine-callihoo@nca.ca

Respect in the Workplace (Canadian Red Cross)

This course empowers all employees to spot and understand workplace bullying, harassing, and discriminating behaviours and to eliminate harmful behaviours in a mutually respectful, self-empowering way for a safer, healthier workplace.

\$40. Offered as a 90-minute online (self-paced) course. Contact www.redcrosselearning.ca

Ten Steps to Creating Safe Environments for Organizations and Communities (Canadian Red Cross)

This course equips businesses, organizations, and communities to manage risk by preventing and responding to violence, abuse, and bullying proactively through a customized action plan.

\$40. Offered as a 3-hour online (self-paced) course. Contact www.redcrosselearning.ca

Rainbow Ready (Sagesse)

This is a capacity building program aimed at providing service providers and community agencies the knowledge and skills to provide safe, inclusive service to LGBTQ+ individuals experiencing domestic violence. Program includes an organizational audit, examination of agency space, promotional documentation, and guiding policies and procedures.

FREE! Offered as a 1 or 2-day in-person workshop that can be tailored to meet your needs. Contact Rachel Braeuer 403-234-7337 ext. 13 rachel@sagesse.org

DOMESTIC VIOLENCE EDUCATIONAL PROGRAMS

ALBERTA WIDE

Stand By (Sagesse)

This workshop is available to anyone interested in learning how to recognize domestic violence, understand its impact on an individual and the community, and develop comfort in responding to domestic violence disclosures, including providing appropriate support and referrals to services.

FREE! Offered as a 2-hour in-person workshop that can be tailored to meet your needs.

Contact Kirstin Blair 403-234-7337 ext. 15
kirstin@sagesse.org

Cut It Out (Stop Abuse in Families Society)

As a salon or spa professional, you have an opportunity to help women in abusive relationships in an environment where clients feel comfortable and develop trusted relationships with you. We will teach you to recognize the warning signs of an abusive relationship, know how to respond by safely supporting women experiencing abuse, and provide resources so your clients know how to get help.

FREE! Offered as a 1, 2, or 3-hour in-person workshop that can be tailored to meet your needs.

Contact Cortney Lohnes 780-460-2195
cortney@stopabuse.ca

Make It Our Business: Domestic Violence in the Workplace (Stop Abuse in Families Society)

This training is for businesses on how to recognize the warning signs of domestic violence, how to respond to someone they are worried about, and how to refer to agencies that can support them. The training also offers a component that focusses on developing workplace protocol specific to domestic violence.

FREE! Offered as a 1, 2, or 3-hour in-person workshop that can be tailored to meet your needs.

Contact Cortney Lohnes 780-460-2195
cortney@stopabuse.ca

EDMONTON & AREA

Understanding LGBTQ+ Experiences of Family Violence (Pride Centre of Edmonton)

This interactive workshop is aimed at improving services and supports for children and adults who have experienced family violence. Learn more about research on LGBTQ adults and children's experiences of family violence, consider how bias in services can prevent help for LGBTQ people impacted by relationship and family violence, explore current and affirming language and practices to demonstrate service access for LGBTQ clients, be equipped with tools to prompt conversations in their workplaces to address affirming policies and practices for LGBTQ clients.

FREE! Offered as a 3-hour in-person workshop

Contact 780-488-3234
education@pridecentreofedmonton.org

Public Education Program (Sexual Assault Centre of Edmonton)

The Public Education program offers a number of presentations and workshops on sexual violence. Learn the Criminal Code of Canada definition of sexual assault and consent, discuss sexual assault myths, learn how to support someone who has been sexually assaulted, and learn about resources for victims of sexual assault.

FREE! Offered as an in-person workshop that can be tailored to meet your needs.

Contact 780-423-4102
info@sace.ab.ca

Lunch and Learn Workshops (The Family Centre)

A facilitator joins you on-site to deliver a workshop on a pre-determined topic including communication strategies, healthy relationships, conflict resolution, and stress management. Available in Edmonton (outside of Edmonton may be subject to additional costs).

\$500-\$750 (non-profit rate is available). Offered as a 1.5-hour in-person workshop that can be tailored to meet your needs.

Contact 780-497-7536
education.services@the-family-centre.com

DOMESTIC VIOLENCE EDUCATIONAL PROGRAMS

EDMONTON & AREA

Family Violence Across the Lifespan (Today Family Violence Help Centre)

This is an interactive and engaging workshop that gives service providers a basic understanding of family violence. Participants will learn about types of abuse, the cycle of abuse, dispel common family violence myths, understand barriers, safety planning, and how to respond to disclosures. Participants will also examine the impacts of family violence on children, seniors, and in LGBTQ+ relationships. This workshop aims to develop skills to identify, respond, and support clients within their organization and community.

\$40 - Outside of Edmonton may be subject to additional costs. Offered as a 2-day, in-person workshop.

Contact Monique Methot 780-455-6880
info@todaycentre.ca

Family Violence for Service Providers Workshop (Today Family Violence Help Centre)

This is an introductory workshop for service providers who would like to learn basics about family violence or as a refresher. Topics include examining types of violence, the role of power, responding to disclosures, barriers faced by those targeted by violence, and providing community resources.

FREE - outside of Edmonton may be subject to additional costs. Offered as an in-person workshop that can be tailored to meet your needs.

Contact Monique Methot 780-455-6880
info@todaycentre.ca

Friends & Family: How to Help Someone Impacted by Family Violence Workshop (Today Family Violence Help Centre)

This workshop is aimed at volunteers, co-workers, friends, and family who want to learn how to support someone in an unhealthy or abusive relationship. Topics include examining types of violence, role of power, responding to disclosures, barriers faced

by those targeted by violence, and providing community resources.

FREE - Outside of Edmonton may be subject to additional costs. Offered as a 1, 2 or 3-hour in-person workshop that can be tailored to meet your needs.

Contact Monique Methot 780-455-6880
info@todaycentre.ca

CALGARY & AREA

Education and Outreach Program (Calgary Communities Against Sexual Abuse)

Awareness for teachers, administrators and parents, police, hospital, and service agencies.

FREE! Offered as an in-person workshop that can be tailored to meet your needs.

Contact education@calgarycasa.com

Domestic Violence 101 (Rowan House Society)

This free presentation is offered to women, children, schools, and communities. They are a general overview of what domestic violence is, what it looks like, how it affects people, and some ways of working with those affected. Available in High River and Okotoks.

FREE! Offered as full or half day in-person presentations.

Contact 403-603-5996
branches@rowanhouse.ca



HOW TO ORDER

HELPLINE Business Cards

To download the **Family Violence Info Line** business card PDF, go to:
<https://www.alberta.ca/assets/documents/fv-2018-information-line-card.pdf>

Need Help?

Family Violence Info Line **310-1818**

- Call us toll-free 24 hours, 7 days a week.
- Available in more than 170 languages.
- In the event of an emergency, call 911.

Alberta Government endfamilyviolence.alberta.ca

Call us anytime if you:

- are affected by family violence
- need help with safety planning
- know someone who needs help
- need a list of services and supports in your area
- want to learn more about the issue

Alberta Government endfamilyviolence.alberta.ca

To download the **Safer Spaces** business card PDF, go to:
<https://www.alberta.ca/assets/documents/fv-2018-safer-spaces-card.pdf>

Safer Spaces

Victims of domestic violence can break their lease at no cost. Visit alberta.ca/SaferSpaces



Important
Call 911 if you're in immediate danger.

alberta.ca/EndFamilyViolence Alberta Government

You can ask for a certificate if:

- You're named on the rental agreement with the landlord
- Your safety, or the safety of a child or dependent adult in the home, is at risk if you stay

Need Help?
Family Violence Info Line 310-1818
Call us toll-free 24/7. Available in over 170 languages.

alberta.ca/EndFamilyViolence Alberta Government

You can also order the **Family Violence Info Line** and **Safer Spaces** cards free of charge. Quantities may be limited.

To place your order, email: CSS.FamilyandCommunitySafety@gov.ab.ca

More information can be found here:

<https://www.alberta.ca/family-violence-prevention-resources.aspx>